ByCycle Rules and Safety Advice

ByCycle will use member's data to inform them of events of interest and regular rides. Members will be informed either directly via email or indirectly from publications on <u>Facebook</u>, this web site or other promotional material. Guests are allowed to ride on two occasions before joining ByCycle. ByCycle will **NOT** notify non-members directly of rides or other information

A. Application Form

Potential members of ByCycle are asked to submit an **application form** on the ByCycle website (<u>http://bycycle.org.uk/about-us/</u>) with appropriate information (see Data Protection Statement) to both manage ByCycle's affairs and bring added peace of mind on rides.

Membership of ByCycle is open to all provided they are 18 years old or older. Younger participants may take part in ByCycle activities, including rides, if an adult member of ByCycle, who is solely responsible for their conduct and safety, accompanies them.

Optionally, ByCycle collects the name, relationship and contact telephone number of a person who the Ride Leader or other responsible person may contact in the event of an accident to a rider if s/he is unable to do so themselves. Ride Leaders will carry a copy of this information for all members on a ride.

Additionally, Ride Leaders will note the names of all riders on a specific ride to account for them during the ride and to activate the section above, should it be necessary. Further, a cumulative register of rider's presence will be maintained for Wednesday Evening rides

B. Safety is ByCycle's paramount concern

While ByCycle will take all reasonable steps to ensure the safety of riders, participants ride at their own risk and neither ByCycle nor its office bearers accept any responsibility for loss, damage or injury during a ride.

- 1. Riders should take careful note of any route or warnings provided by the Ride Leader at the pre-ride briefing and act upon them during the ride.
- 2. Other than the Special Ride in August, riding will be in a group with a back rider ensuring no one is dropped from the group.
- 3. Riders should ensure that they are fit enough for the ride in the prevailing weather conditions and their bikes are in good working order and suitable for the terrain.

- 4. Riders should bring a spare inner tube that fits their bike, in case of a puncture
- 5. Riders should familiarise themselves with the map of the potential route which, in most cases, will be published before the ride
- 6. Riders should show consideration for other cyclists, pedestrians and other road users and obey the law at all times.
- 7. Riders should shout 'STOPPING' or similar to warn other riders of their intention.
- 8. Riders should avoid undertaking other riders and shout 'COMING THROUGH' or similar when overtaking fellow riders particularly when at speed down hills.
- 9. Riders should identify potential hazards for fellow riders by pointing and/or shouting, e.g. GLASS, POTHOLE, etc. and if another cyclist or vehicle could present a hazard, e.g. CAR UP, etc.