

I am just starting to think about the Wednesday rides for 2019 starting on Wed 24th April until Wed 28th Aug inclusive and I will need leaders for the **19** rides.

- If you are available to lead a ride again this year then please let me know the START POINT and list any Wednesdays you are not available
- If you want to lead a ride but have not done any Leader training, please let me know as ByCycle may be able to access Leader Training. As there are a number of leaders out on each ride we would still encourage you to suggest a start point and route
- Any feedback on last year's ride is also useful
- Suggestions for new start points (eg. Kinross Pier, Kinnoull Hill car park) are helpful
- If you need to update your First Aid, ByCycle will contribute £20 towards cost. (One day Red Cross course has proved to be adequate for ByCycle purposes)
- **Please email your response to any of the points above, if relevant, by 15th Jan.**
- **If you do not want to receive any more ByCycle Wednesday emails please let me know by 15th Jan and I will delete your name from the distribution list.**
- **If I have not received any email response, I will assume you want to remain on the ByCycle Wednesday distribution list.**

I hope you all had a Great festive period and are eager to get back out on your bike again. I treated myself to an ebike and have clocked up 85 miles in first 6 days of 2019!

Regards
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